

Master the Possibilities Update

On Top of the World®
Communities

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FOR IMMEDIATE RELEASE

A Curriculum with a World of Choice

OCALA, FLA. – Master the Possibilities is anything but typical. And it certainly doesn't offer the typical menu of courses people have come to expect from an active-adult community. Unless, of course, you expect classes covering macroeconomics and foreign markets, advanced web searching or classes analyzing the U.S. and Florida constitutions.

Instead, On Top of the World Communities built an education center spanning nearly 10,000 square feet that's devoted exclusively to education. Then, it assembled a 60-member professional, credentialed faculty, teaching a continually changing catalog of sophisticated, challenging classes, presentations, lectures and films.

About 600 topics are scheduled this year. New class catalogs are issued four times annually, with new programs accounting for roughly 50 percent of offerings each quarter.

Daniel F. Dowd, director of education, solicits programming suggestions from participants as well as the expertise of the faculty to create an education program with topics appealing to a diverse population of 21st century active adults. Enrollments have increased

– MORE –

COURSES – KT – ADD 1

from 3,200 in 2006 to more than 15,000 last year.

“Quality education is the amenity of choice for this new generation of retired and close-to-retired people,” Dowd says. “If they can think of it, we make it happen.”

Included in course offerings for the coming year are academic and special-interest classes; courses devoted to health and wellness; computer training; art; and continuing series with assorted topics including archaeology, cardiology, psychology, pharmacology, exercise and wellness; and internal medicine; plus films, cuisine and the law.

Following is a sampling of the courses available:

Academic and Special Interests

- Macroeconomics and foreign markets
- UN observer in the Middle East
- Vietnam 1963-64
- China’s emergence in the 21st century
- Current events
- Communication and leadership styles
- Financial management
- U.S. and Florida constitutions
- Birds of Marion County
- Gardening – small space, organic, Florida friendly
- Spanish
- Horses – thoroughbred rescue and hospital field trips
- Cow hunting – Florida regional history
- Modern treasure hunting

Health and Wellness

- Home exercises for low back, hip and knee pain
- Mental health and the holidays
- Achieving and maintaining a healthy weight

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COURSES – KT – ADD 2

- Hypnosis
- New to Medicare?
- Status of healthcare in America
- Axons, synapses and dendrite

Computer Training

- Beginning, intermediate and advanced computers
- Beginning Windows Vista
- Computer maintenance
- Creating labels
- Photo restoration using Picasa
- PowerPoint
- Advanced web searching

Art

- Pen & ink with oils
- Oil painting
- Colored pencils
- Stained glass
- Holiday pottery
- Watercolors
- Digital photography
- Paper crafting
- Pottery
- Wycinanki (Polish paper cutting)

For additional information, call (352) 854-3699. Master the Possibilities offers 24-hour-a-day registration online at *MasterthePossibilities.com*.